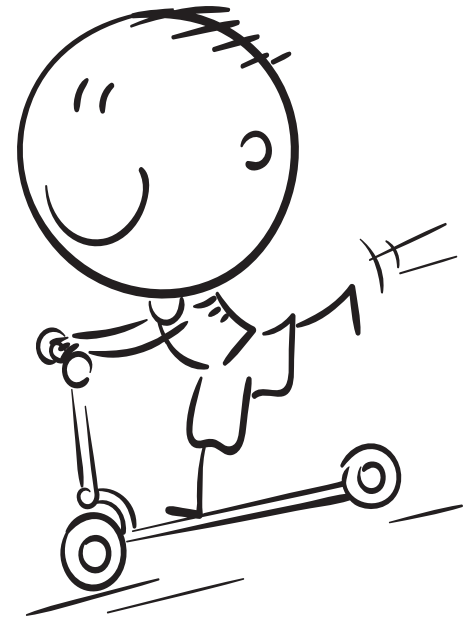


# I Move



**This week, your child will explore ways to move.**  
 We will be talking about personal space. Your child will think about giving others the space they need.

## Word of the Week

maneuver

*To maneuver means to move in a careful and skillful way.*

Use the Word of the Week at home.

You might say: *There are so many toys on the floor of your room that is it hard to maneuver to your bed. or Can you maneuver under the table to pick up the napkin?*

## Moving Is Good for You

With your child walk, run, skip and hop along a path or sidewalk. Explore toys that help you both move as you roller skate, ride a scooter, or pull a wagon. Point out that these fun activities are good exercise.

## More Words to Know

- actions
- bend
- control
- imitate
- numeral
- obstacle
- pattern
- personal space

## Imitate Me

Explain to your child that the body can move in many different ways. Play an "Imitate Me" game. Bend a finger and have your child imitate the move. Stand on one foot and swing the other leg. Repeat with other body parts and more challenging moves. Invite your child to be the leader and model moves for you to imitate.

## A Dance Party

Listen to a favorite song or sing one together. Dance along with the music. When the song ends, talk about the ways you moved your body as you danced. *Did we give each other enough room to move without bumping each other?* Confirm that dancers need personal space to do their moves.

## Ordering Numerals

Your child is learning to read and order numerals. Write 0-9 on small pieces of paper or notecards. Have your child choose a paper and read the numeral on it. Work together to place the numerals in order: 0, 1, 2, 3, 4, 5, 6, 7, 8, 9. Add cards with the numerals 10-20 if your child is ready for a bigger challenge.

**Coming Next Week: We will talk about different types of transportation that people use to move from one place to another.**